

## Acupuncture Successfully Cured Bell's palsy

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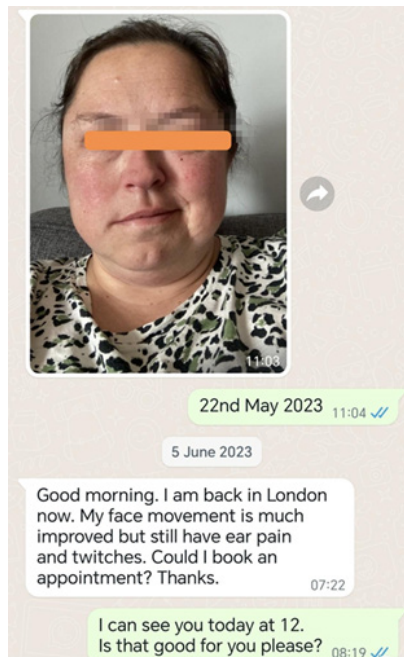
**Received:** 22 Apr 2026; **Accepted:** 08 May 2026; **Published:** 23 May 2026**Citation:** Yonggang Han. Acupuncture Successfully Cured Bell's palsy. J Med - Clin Res & Rev. 2026; 10(5): 1-2.**ABSTRACT***Two successful cases of acupuncture in treating Bell's palsy.***Keywords**

Acupuncture, Bell's palsy.

**Case One**

Mrs. M is a teacher. On 21<sup>st</sup> May 2023, she was diagnosed with Bell's palsy. She is difficulty closing her right eye, inability to wrinkle brow, difficulty making facial expressions, drooping right corner of mouth, slaver uncontrollably, loss of taste. Her doctor gave her a prescription. But she worries about the side effects of the medicine. So she came to my clinic for help.

I did 5 acupuncture treatments for her on 23<sup>rd</sup> May, 26<sup>th</sup> May, 27<sup>th</sup> May, 5<sup>th</sup> June, and 8<sup>th</sup> June. Acupoints include Yangbai(GB 14), Yuyao(Ex-HN4), Cuanzhu(BL 2), Yingxiang(LI 20), Renzhong(GV26), Chengjiang(CV-24), Sibai(ST 2), Quanliao(SI 18), Jache(ST 6), Dicang(ST 4), Qianzheng (Ex-HN20), Yifeng(SJ 17), Taiyang(EX-HN5), Hegu (LI4) , Waiguan (SJ5).

**Illustration A**

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**Illustration B**

It is clear from this case that acupuncture can be effective in the treatment of Bell's palsy.

**Illustration D****Case two**

Mr J D. He was diagnosed with Bell's palsy in December 2023. He came to see me on 9<sup>th</sup> December 2023. I did 10 sessions acupuncture for him in December 2023, January and February 2024.

**Illustration C**