

## ByeByeHIV with Plant-Based Immunotherapy: Progress Update on 40 Cases with Prior Use of ARV Drugs (Group B)

Pichaet Wiriyaichitra<sup>1\*</sup>, Sirithip Wiriyaichitra<sup>1</sup>, Siriporn Wonghiranyingyot<sup>1</sup>, Ampai Panthong<sup>2</sup>, Ganigah Ruanjahn<sup>3</sup>, Souwalak Phongpaichit<sup>4</sup> and Wilawan Mahabusarakam<sup>4</sup>

<sup>1</sup>Asian Phytoceuticals Public Company Limited, Thailand.

<sup>2</sup>Chiang Mai University, Thailand.

<sup>3</sup>Boromarajonani College of Nursing, Chiang Mai Thailand

<sup>4</sup>Prince of Songkla University, Thailand.

### \*Correspondence:

Wiriyaichitra P, Asian Phytoceuticals Public Company Limited, Thailand, Tel: +662 646 4882.

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### ABSTRACT

In the article ByeByeHIV with Thai Innovation, published on February 25, 2024, we reported the success of using ByeByeHIV innovation to achieve ByeByeHIV, a condition of undetectable HIV with good health without the use of any antiretroviral drugs. The innovation, a synergistic mixture of extracts from mangosteen, black sesame, soy, guava, and Centella asiatica, is a dietary supplement approved by the Thai FDA under the name BIM V, LIV, Mylife, and NOVIR. The formula enhances immune function by stimulating Th1 and Th17 cells, boosting killer T cell activity, and repairing telomere damage caused by HIV and antiretroviral drugs. The success was observed in two groups: the first group comprised 24 HIV-infected individuals who had never used antiretroviral drugs (Group A), and the second group included 26 individuals who were previously infected with HIV and had used antiretroviral drugs (Group B). As of December 2024 the number of successful ByeByeHIV cases in Group A increased to 40 individuals and Group B to 40 individuals. This article provides a progress update on Group B. The results showed that all 40 volunteers in Group B have achieved ByeByeHIV. Furthermore, 15 volunteers in this group have discontinued ByeByeHIV formula for periods ranging from 3 months to over 2 years and remain in good health with undetectable HIV. This suggests that these 15 volunteers may have become HIV-free. Two representative cases, Ms View and Ms A, who were diagnosed with HIV started using ByeByeHIV formula, achieved undetectable HIV, and thereafter gradually reduced antiretroviral treatment until completely stopping it. They then gradually reduced ByeByeHIV formula until they completely discontinued it in August 2024 and still maintained undetectable HIV with good health. The results underscore the effectiveness of ByeByeHIV formula as a therapy for individuals who are using antiretroviral drugs and want to stop using them, marking a significant milestone in the global fight to eradicate HIV/AIDS.

### Keywords

HIV, AIDS, ARV side effects, ByeByeHIV, HIV-free, Plant-based Immunotherapy, Mangosteen, Killer T cell, Telomere lengthening.

### Introduction

ByeByeHIV is defined as the condition in which HIV/AIDS-infected individuals can reduce their HIV load to undetectable levels without the consumption of antiviral drugs and enjoy healthy living. It also refers to the condition where HIV infected individuals, who have consumed antiretroviral drugs as the treatment but can no longer tolerate the drugs' side effects, can stop

taking the drugs and enjoy living a healthy life with undetectable HIV [1].

ByeByeHIV innovation utilizes ByeByeHIV formula, which is composed of a synergistic mixture of refined extracts from 5 types of edible plants, namely mangosteen, black sesame, soy, guava, and Centella asiatica. It has been proven effective in stimulating Th1 and Th17 cells, boosting the potency of killer T cells to eliminate HIV-infected cells. It has also been shown to repair the telomere damage caused by HIV and telomere shortening caused by the side effects of antiretroviral drugs [1]. ByeByeHIV formula

has been registered with the Thai FDA as a dietary supplement under the name BIM V, LIV, Mylife, and NOVIR.

In the article *ByeByeHIV with Thai Innovation*, published on February 25, 2024, we reported the success of using ByeByeHIV innovation, a plant based immunotherapy, to achieve undetectable HIV levels and restore normal health. This ByeByeHIV success was observed in two groups: the first group comprised 24 HIV-infected individuals who had never used antiretroviral drugs (Group A), and the second group included 26 individuals who were previously infected with HIV and had used antiretroviral drugs (Group B) [1]. As of December 2024 the number of successful ByeByeHIV cases in Group A increased to 40 individuals and Group B to 40 individuals.

### Objective

The objective of this article is to provide a progress update on the conditions of the volunteers in Group B, which has expanded to include 14 additional participants, who had been taking antiretroviral drugs to reduce the viral load or to keep the viral load undetected but with undesirable side-effects and gradually replaced their reliance on antiretroviral drug therapy with ByeByeHIV immunotherapy. (The progress of Group A was reported in a previous article cited as: Wiriyaichitra P, Wiriyaichitra S, Wonghiranyingyot S, et al. *ByeByeHIV with Plant-Based Immunotherapy: Progress Update on 40 Cases Without the Use of ARV Drugs (Group A)*. Clin Immunol Res. 2025; 9(1): 1-5.).

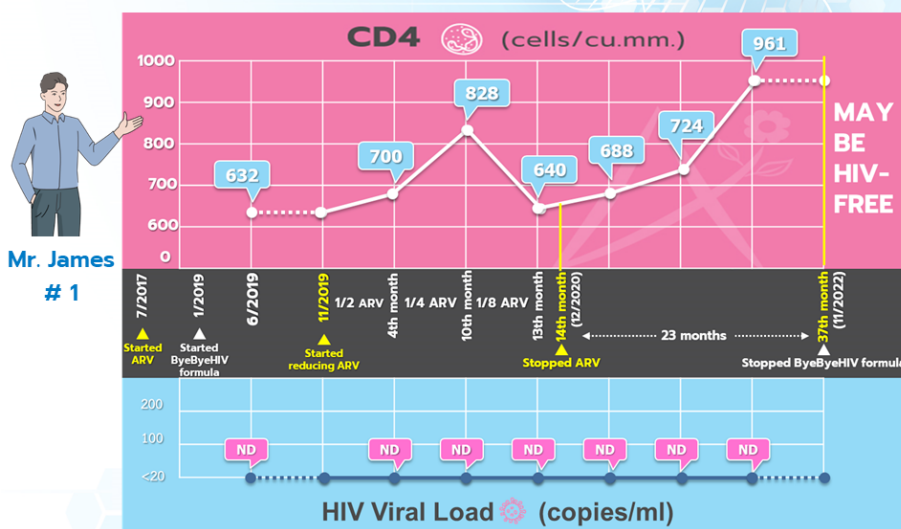
These volunteers were given ByeByeHIV formula to boost their CD4 and CD4% to normal levels before gradually reducing the intake of their antiretroviral drugs. The antiretroviral drugs were finally discontinued while they maintained the prescribed dosage of ByeByeHIV formula. Their HIV remained undetected despite

discontinuing the use of antiretroviral drugs during the last phase of immunotherapy. Throughout the immunotherapy process, these volunteers maintained consistently high levels of CD4, had undetected HIV, and experienced reduced side effects from their antiretroviral drugs. The ARV side effects disappeared entirely, and all 40 volunteers were in excellent health at the end of the immunotherapy. During this last phase of immunotherapy, the 40 volunteers were in excellent health, with high CD4 levels, and their HIV continued to be undetected, suggesting they have achieved ByeByeHIV.

After stopping ARV treatment, some of the volunteers in this group gradually reduced and eventually discontinued using ByeByeHIV formula after their blood tests showed no detectable HIV for several months. Others, for peace of mind, took longer to discontinue ByeByeHIV formula gradually. Many months after discontinuing ByeByeHIV formula, their monthly blood tests continued to show undetectable HIV. In total, 15 volunteers in this group have discontinued ByeByeHIV formula for periods ranging from 3 months to over 2 years and remain in good health. **This suggests that these 15 volunteers may have become HIV-free.**

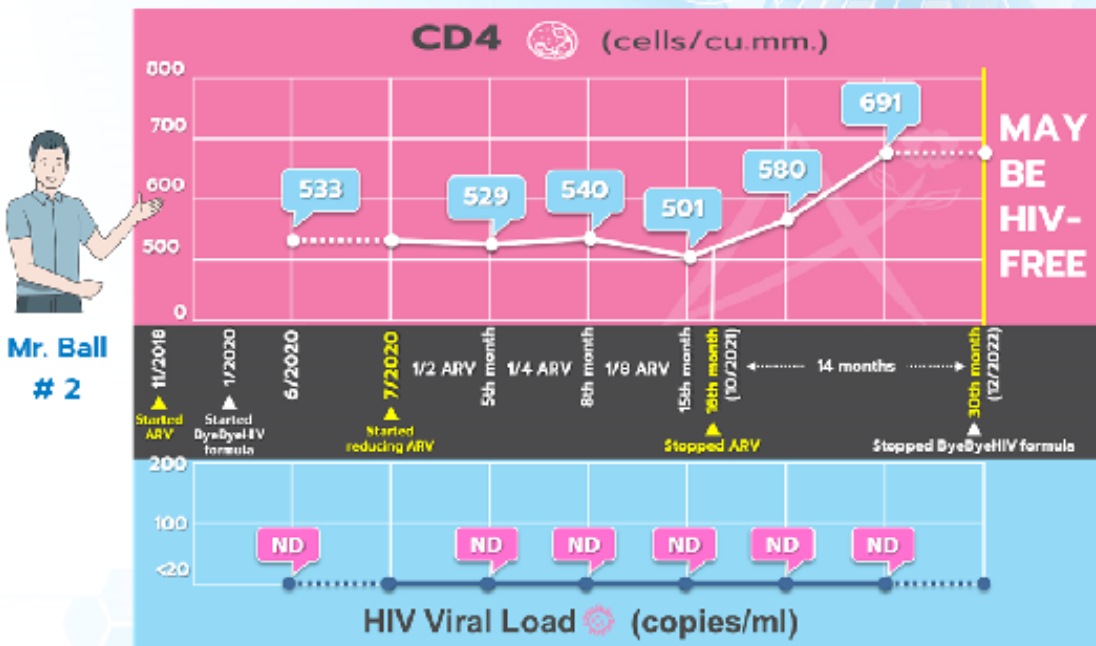
The results in Group B indicate that all of the 40 volunteers have achieved undetectable HIV after discontinuing antiretroviral drugs and instead using ByeByeHIV formula. This marks a significant milestone in the therapy to achieve ByeByeHIV, a condition of undetectable HIV with good health, for HIV patients who had previously used antiretroviral drugs. Due to limited space, the data for all 40 cases in Group B can be accessed at <https://www.byebyehiv.com> under the menu 'ByeByeHIV achieved in Thailand' and the sub-menu 'ByeByeHIV for people who had taken antivirals'. Below, we present the graphs of the 15 cases who may have become HIV-free.

Mr. James started ARV in 7/2017 and ByeByeHIV formula in 1/2019. He started reducing ARV in 11/2019, stopped ARV in 12/2020 and stopped ByeByeHIV formula in 11/2022.



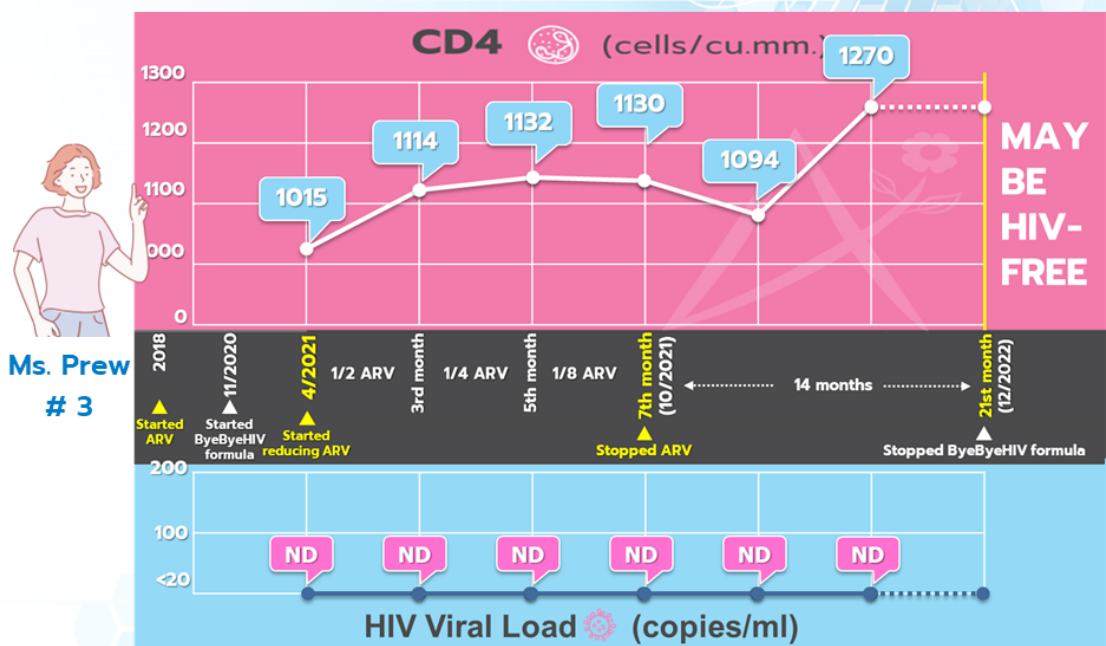
After reducing ARV, Mr. James took 14 months to completely stop ARV and after that he could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, he continued taking it for another 23 months before completely discontinuing ByeByeHIV formula.

Mr. Ball started ARV in 11/2018 and ByeByeHIV formula in 1/2020. He started reducing ARV in 7/2020, stopped ARV in 10/2021 and stopped ByeByeHIV formula in 12/2022.



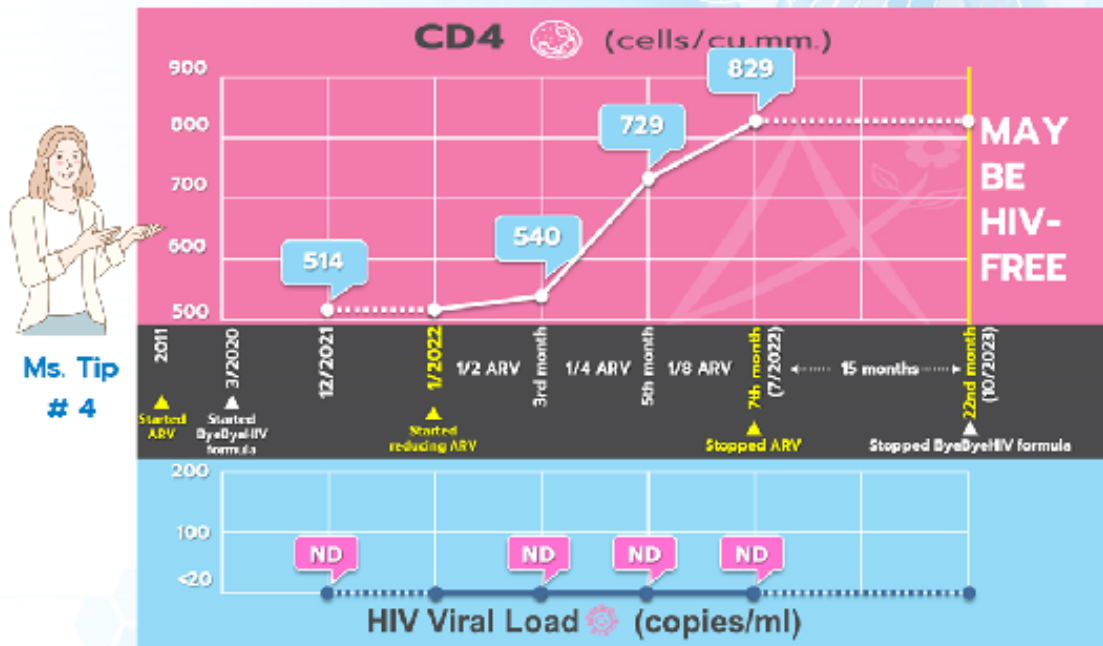
After reducing ARV, Mr. Ball took 16 months to completely stop ARV and after that he could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, he continued taking it for another 14 months before completely discontinuing ByeByeHIV formula.

Ms. Prew started ARV in 2018 and ByeByeHIV formula in 11/2020. She started reducing ARV in 4/2021, stopped ARV in 10/2021 and stopped ByeByeHIV formula in 12/2022.



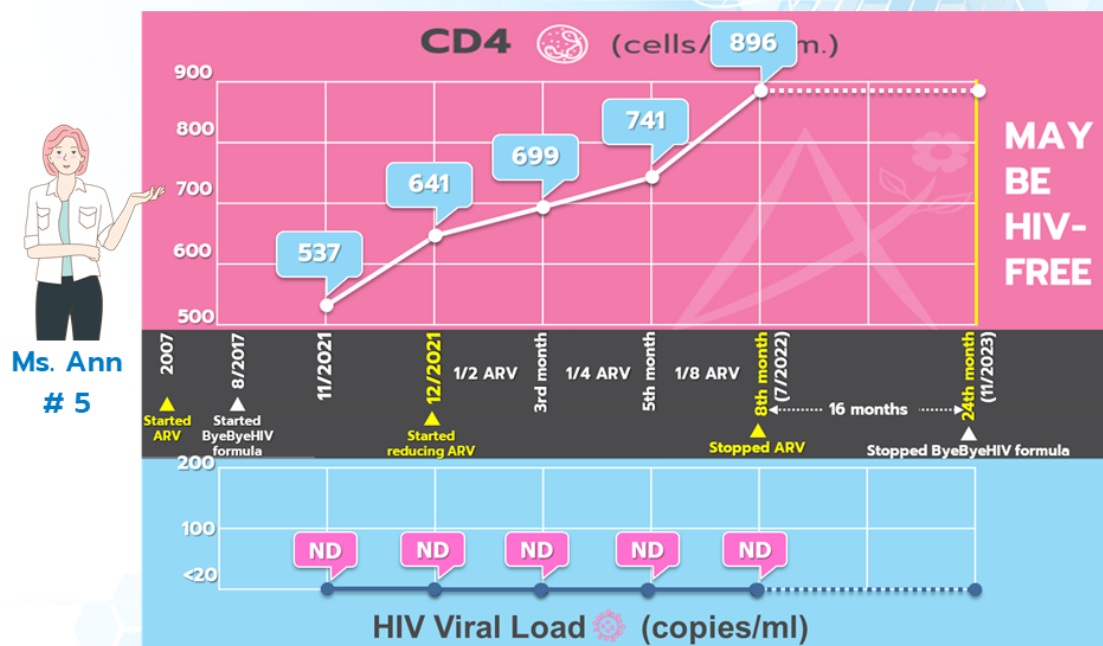
After reducing ARV, Ms. Prew took 7 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 14 months before completely discontinuing ByeByeHIV formula.

Ms. Tip started ARV in 2011 and ByeByeHIV formula in 3/2020. She started reducing ARV in 1/2022, stopped ARV in 7/2022 and stopped ByeByeHIV formula in 10/2023.



After reducing ARV, Ms. Tip took 7 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 15 months before completely discontinuing ByeByeHIV formula.

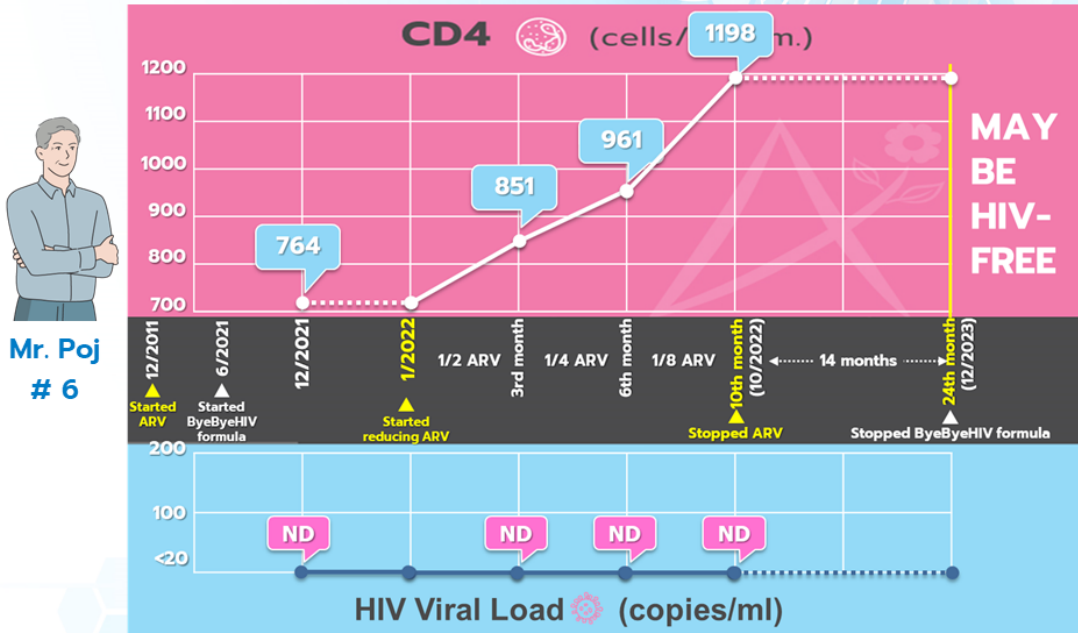
Ms. Ann started ARV in 2007 and ByeByeHIV formula in 8/2017. She started reducing ARV in 12/2021, stopped ARV in 7/2022 and stopped ByeByeHIV formula in 11/2023.



After reducing ARV, Ms. Ann took 8 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 16 months before completely discontinuing ByeByeHIV formula.

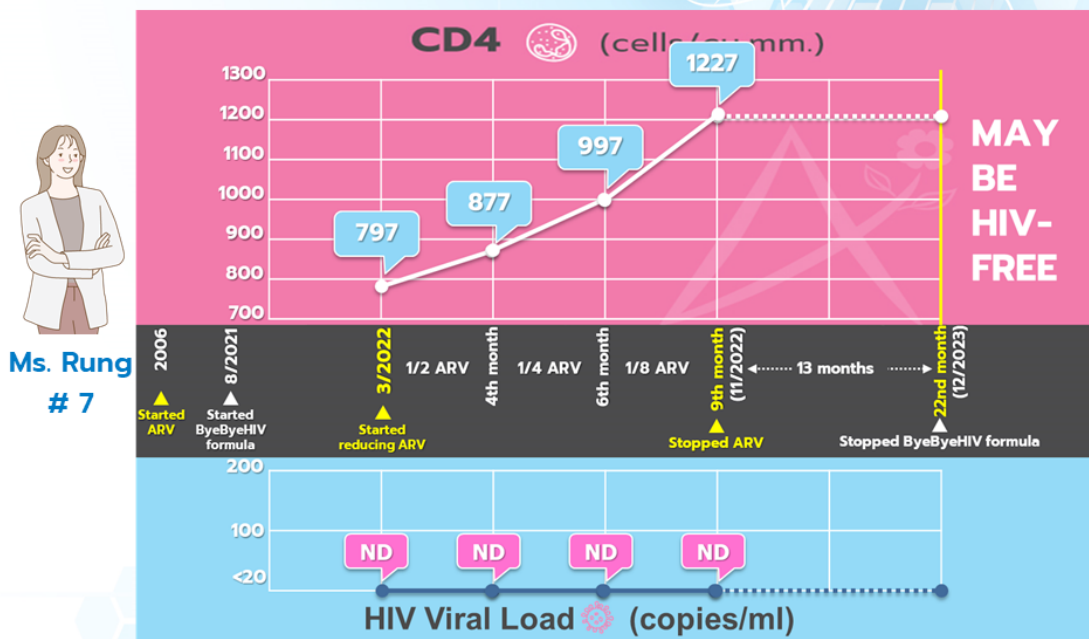


Mr. Poj started ARV in 12/2011 and ByeByeHIV formula in 6/2021. He started reducing ARV in 1/2022, stopped ARV in 10/2022 and stopped ByeByeHIV formula in 12/2023.



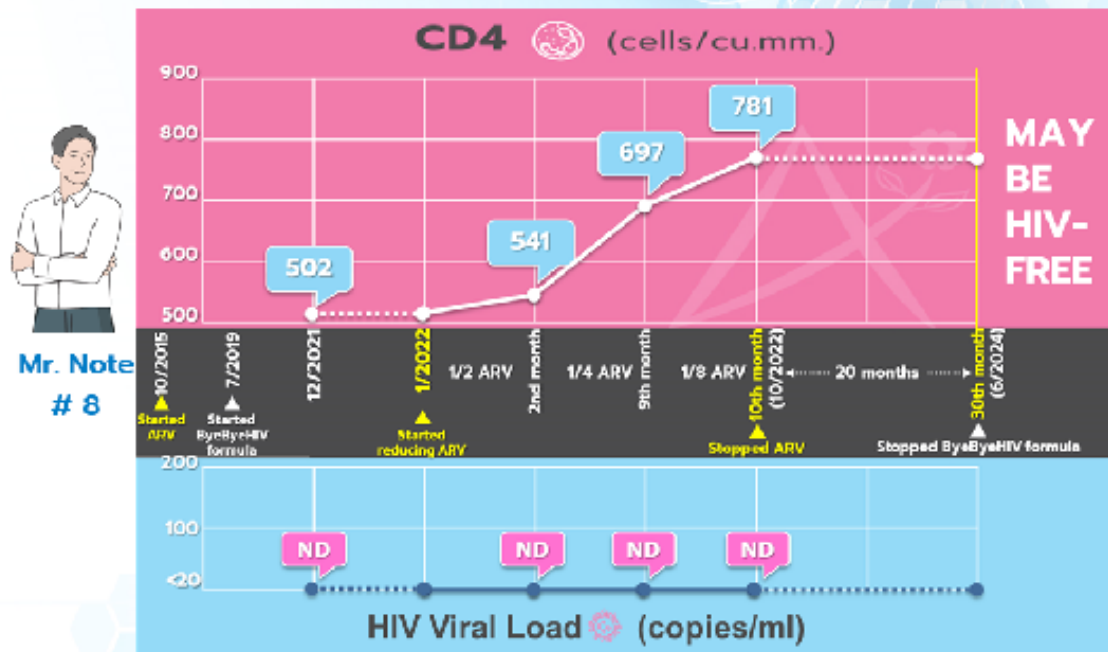
After reducing ARV, Mr. Poj took 10 months to completely stop ARV and after that he could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, he continued taking it for another 14 months before completely discontinuing ByeByeHIV formula.

Ms. Rung started ARV in 2006 and ByeByeHIV formula in 8/2021. She started reducing ARV in 3/2022, stopped ARV in 11/2022 and stopped ByeByeHIV formula in 12/2023.



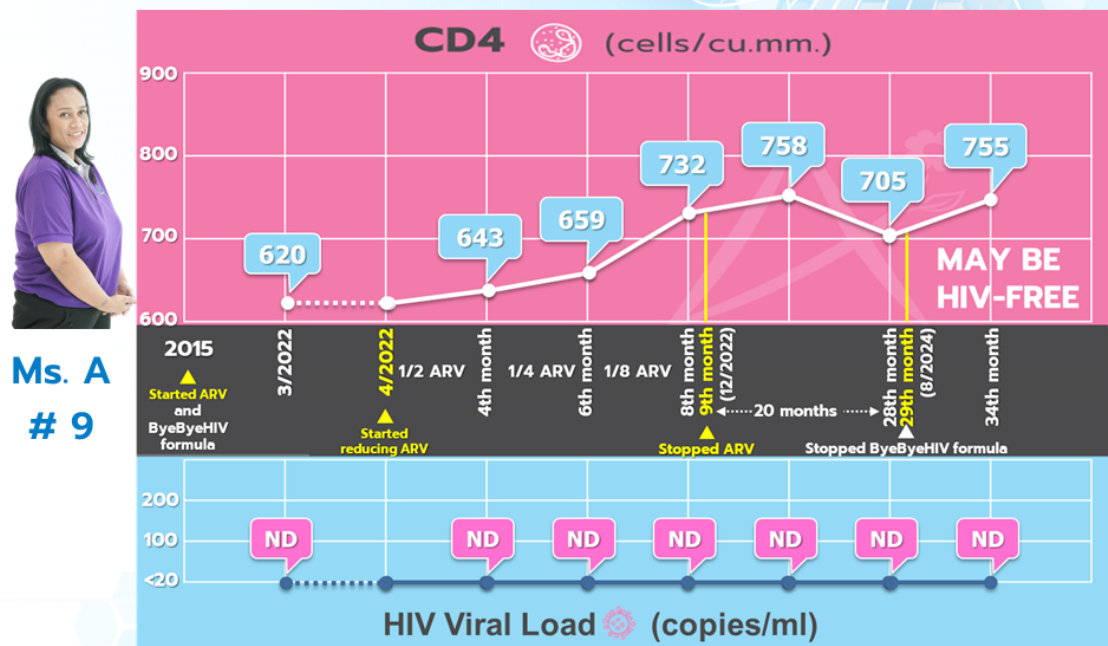
After reducing ARV, Ms. Rung took 9 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 13 months before completely discontinuing ByeByeHIV formula.

Mr. Note started ARV in 10/2015 and ByeByeHIV formula in 7/2019. He started reducing ARV in 1/2022, stopped ARV in 10/2022 and stopped ByeByeHIV formula in 6/2024.



After reducing ARV, Mr. Note took 10 months to completely stop ARV and after that he could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, he continued taking it for another 20 months before completely discontinuing ByeByeHIV formula.

Ms. A started ARV and ByeByeHIV formula in 2015. She started reducing ARV in 4/2022, stopped ARV in 12/2022 and stopped ByeByeHIV formula in 8/2024.

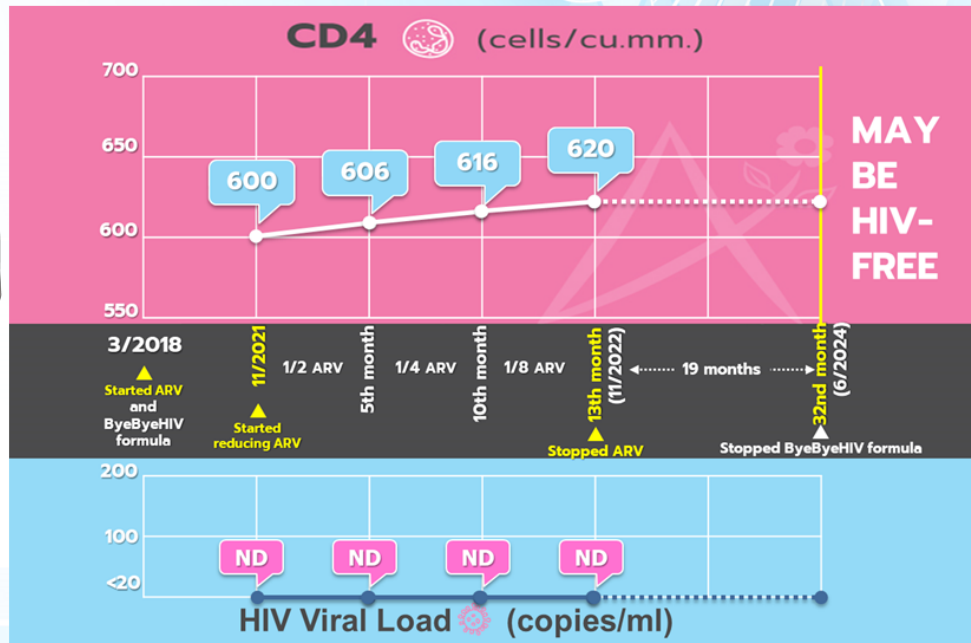


After reducing ARV, Ms. A took 9 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 20 months before completely discontinuing ByeByeHIV formula.

Mr. Nut started ARV and ByeByeHIV formula in 3/2018. He started reducing ARV in 11/2021, stopped ARV in 11/2022 and Stopped ByeByeHIV formula in 6/2024.



Mr. Nut  
# 10

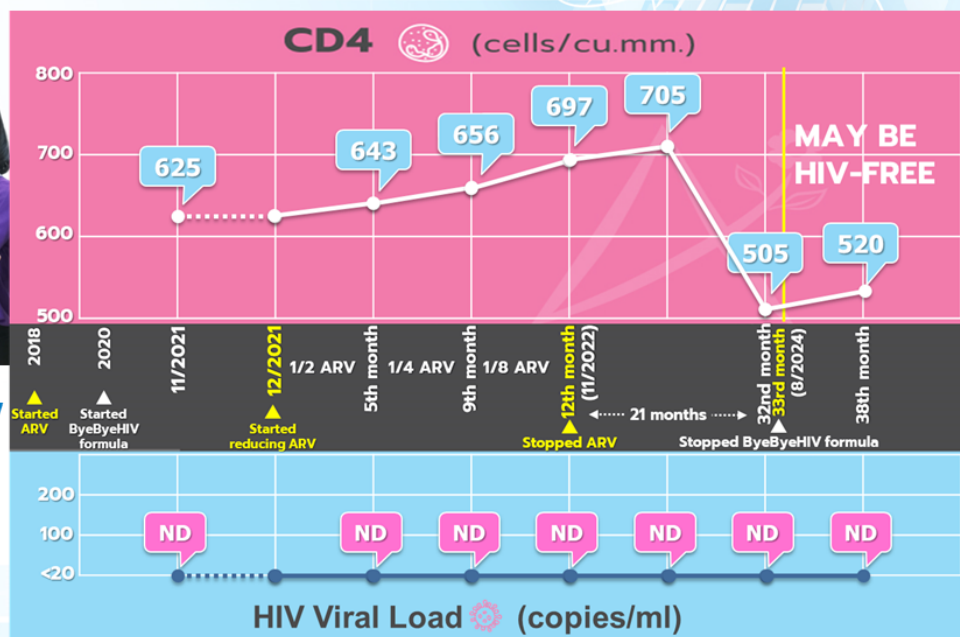


After reducing ARV, Mr. Nut took 13 months to completely stop ARV and after that he could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, he continued taking it for another 19 months before completely discontinuing ByeByeHIV formula.

Ms. View started ARV in 2018 and ByeByeHIV formula in 2020. She started reducing ARV in 12/2021, stopped ARV in 11/2022 and stopped ByeByeHIV formula in 8/2024.

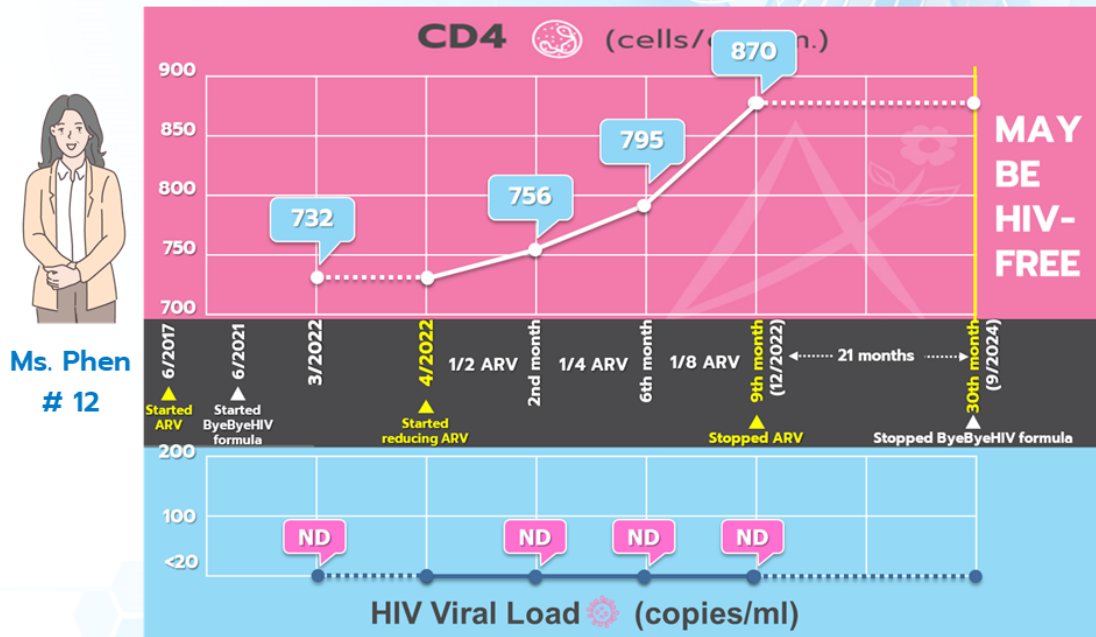


Ms. View  
# 11



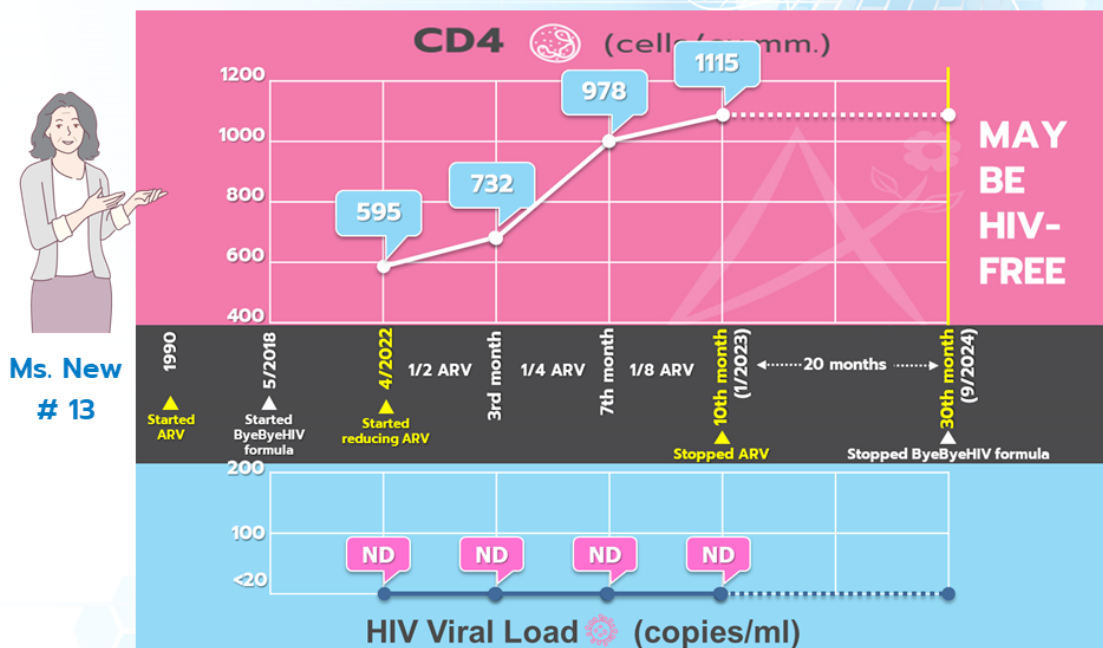
After reducing ARV, Ms. View took 12 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 21 months before completely discontinuing ByeByeHIV formula.

Ms. Phen started ARV in 6/2017 and ByeByeHIV formula in 6/2021. She started reducing ARV in 4/2022, stopped ARV in 12/2022 and stopped ByeByeHIV formula in 9/2024.



After reducing ARV, Ms. Phen took 9 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 21 months before completely discontinuing ByeByeHIV formula.

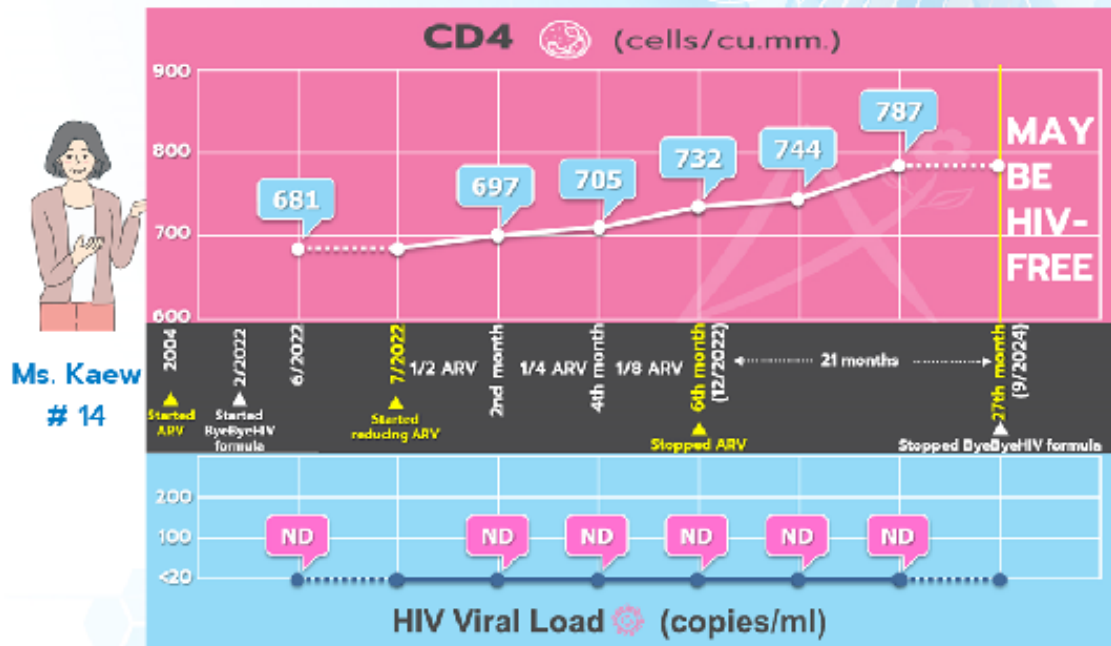
Ms. New started ARV in 1990 and ByeByeHIV formula in 5/2018. She started reducing ARV in 4/2022, stopped ARV in 1/2023 and stopped ByeByeHIV formula in 9/2024.



After reducing ARV, Ms. New took 10 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 20 months before completely discontinuing ByeByeHIV formula.

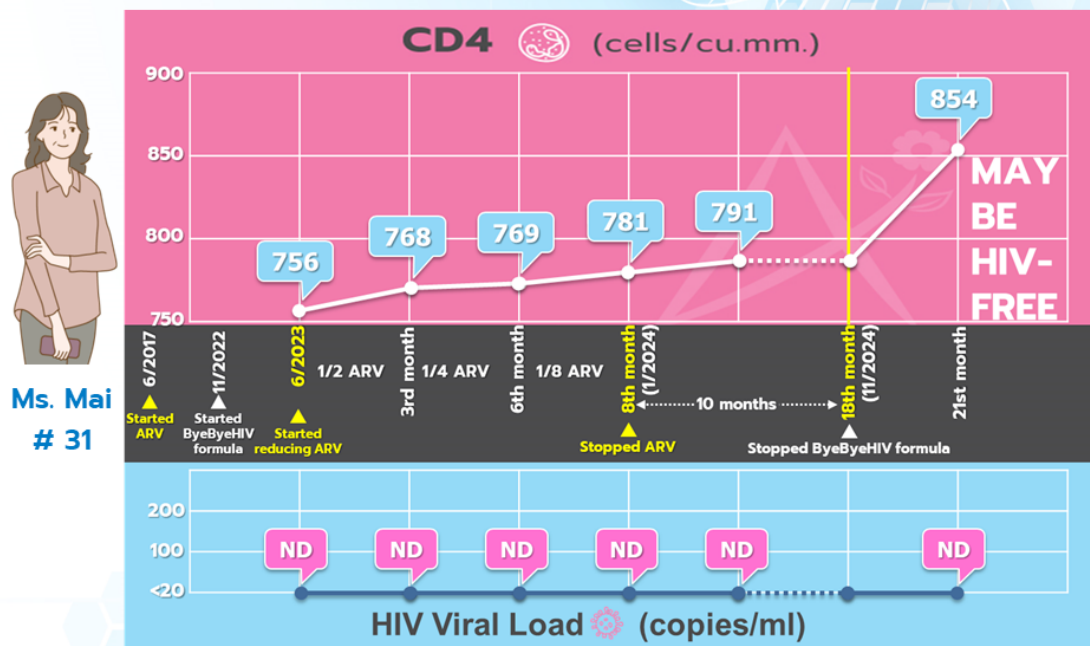


Ms. Kaew started ARV in 2004 and ByeByeHIV formula in 2/2022. She started reducing ARV in 7/2022, stopped ARV in 12/2022 and stopped ByeByeHIV formula in 9/2024.



After reducing ARV, Ms. Kaew took 6 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 21 months before completely discontinuing ByeByeHIV formula.

Ms. Mai started ARV in 6/2017 and ByeByeHIV formula in 11/2022. She started reducing ARV in 6/2023, stopped ARV in 1/2024 and stopped ByeByeHIV formula in 11/2024.



After reducing ARV, Ms. Mai took 8 months to completely stop ARV and after that she could have gradually stopped ByeByeHIV formula in a few months, but for peace of mind, she continued taking it for another 10 months before completely discontinuing ByeByeHIV formula.

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### **The Representative Cases for Group B, (ByeByeHIV with Prior use of Antiretroviral Drugs): Ms View & Ms A (Refer to the graphs 'Ms View #11' & 'Ms A #9' above)**

Ms View and Ms A are individuals who have achieved ByeByeHIV and wish to reveal their identities to demonstrate the authenticity of their success and to encourage other infected individuals to achieve the same. Currently, they work as counselors and mentors to those seeking to achieve ByeByeHIV. They play an important role in accelerating efforts to reduce the number of people suffering from HIV/AIDS, a key element in the global initiative to eradicate HIV/AIDS.

#### **ByeByeHIV for Ms View with prior use of antivirals, Case No. 11**

- Ms View, age 53, was diagnosed with HIV in 2016 and was infected for 7 years.
- She was previously at the advanced stage of the infection, with a CD4 count of only 72 cells/cu.mm. She also had opportunistic infections, namely lung infection and lymph node tuberculosis. She used antiretroviral drugs for slightly over 6 years.
- After using ByeByeHIV immunotherapy for 3 months, her CD4 count increased to 372 cells/cu.mm and her tests showed no detection of the virus while she also recovered from the opportunistic infections.
- Ms View continuously used ByeByeHIV immunotherapy, which significantly improved her health. Therefore, she sought recommendations on reducing and stopping antiretroviral drugs.
- After reducing antiretroviral drug use as recommended, her CD4 count increased every month, and continuous tests showed no detection of the virus. She enjoys good health comparable to that of an ordinary person.
- She successfully stopped using antiretroviral drugs and achieved ByeByeHIV in November 2022.
- In August 2024, Ms View discontinued ByeByeHIV formula and has continued to do so with no detectable HIV and with good health. **She may have become HIV-free.**

#### **Before reducing antiretroviral drugs:**

CD4 = 625 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 copies/ ml).

- **After reducing antiretroviral drugs to 1/2 for 5 months:** CD4 = 643 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **After reducing antiretroviral drugs to 1/4 for 4 months:** CD4 = 656 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **After reducing antiretroviral drugs to 1/8 for 3 months:** CD4 = 697 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **After receiving the test results, Ms View stopped using antiretroviral drugs in November 2022, becoming the 11th person to achieve ByeByeHIV.**
- **After stopped using HIV antiretroviral drugs for 3 months:** CD4 = 705 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).

- **In August 2024, Ms View discontinued ByeByeHIV formula and has continued to do so with no detectable HIV and with good health. She may have become HIV-free.**

#### **ByeByeHIV for Ms A with prior use of antivirals, Case No. 9**

- Ms A, age 43, was infected with HIV for 28 years. **Her CD4 count was as low as 16 cells/cu.mm and she had advanced-stage cancer in the brain, abdomen, and spine, rendering her bedridden. The doctor informed her that she might have less than 3 months to live. She declined chemotherapy and radiation therapy due to concerns about further deterioration of her body.**
- After using APCO Immunotherapy for only 8 months, her ability to walk and move returned to normal, and she was able to resume work. Her CD4 count increased to 250 cells/cu.mm, and the cancer cells in all locations did not metastasize.
- Ms A continuously used APCO Immunotherapy, which significantly improved her health. Therefore, she sought recommendations on reducing and discontinuing antiretroviral drugs.
- After following the recommendation for gradually reducing antiretroviral drugs for 8 months, she successfully stopped using antiretroviral drugs and achieved ByeByeHIV in December 2022.
- In August 2024, Ms A discontinued ByeByeHIV formula and has continued to do so with no detectable HIV and with good health. **She may have become HIV-free.**
- **It is noteworthy that during her annual cancer checkups over the past ten years, the doctor has informed her that there is no longer any concern about her cancer. This is likely the result of the killer T-cell efficacy stimulated by ByeByeHIV formula.**

#### **Before reducing antiretroviral drugs:**

CD4 = 620 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 copies/ ml).

- **After reducing antiretroviral drugs to 1/2 for 4 months:** CD4 = 643 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **After reducing antiretroviral drugs to 1/4 for 2 months:** CD4 = 659 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **After reducing antiretroviral drugs to 1/8 for 2 months:** CD4 = 732 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **After receiving the test results, Ms A stopped using antiretroviral drugs in December 2022, becoming the 9th person to achieve ByeByeHIV.**
- **After stopped using HIV antiretroviral drugs for 2 months:** CD4 = 758 cells/cu.mm and HIV Viral Load = Not Detected (ND, <20 Copies/ ml).
- **In August 2024, Ms A discontinued ByeByeHIV formula and has continued to do so with no detectable HIV and with good health. She may have become HIV-free.**

## Standard *ByeByeHIV* procedure to treat HIV infected individuals who have taken antivirals (Group B)

**Step 1:** Test for HIV load, CD4 count and CD4%.

**Step 2:** Take 3-4 capsules half an hour before every meal, totaling 9-12 capsules per day for 6 months or until HIV is not detected, CD4 is over 600 cells/cu.mm, and CD4% is over 30%.

**Step 3:** While still taking the same number of capsules, start reducing the use of antivirals.

**3.1** Reduce antivirals to ½ of the usual dosage for 2 months. Test for CD4 count, CD4% and HIV load. If the results are better than those in Step 2, proceed to 3.2.

**3.2** Reduce antivirals to ¼ of the usual dosage for 2 months. Test for CD4 count, CD4% and HIV load. If the results are better than those in 3.1, proceed to 3.3.

**3.3** Reduce antivirals to 1/8 of the usual dosage for 2 Test for CD4 count, CD4% and HIV load. If the results are better than those in 3.2, proceed to 3.4.

**3.4** Stop taking antivirals for 2 months and test for CD4 count, CD4% and HIV load. If the results are still better than 3.3, it shows that the individual has achieved *ByeByeHIV*.

**Step 4:** Gradually reduce the number of capsules.

In the first month, reduce to 2-3 capsules, half an hour before meals, totaling 6-9 capsules a day. In the second month, take 2 capsules half an hour before breakfast and dinner, totaling 4 capsules a day. Then in the following months, reduce to 1 capsule half an hour before breakfast and dinner, totaling 2 capsules a day to maintain sufficient immunity at all times and, eventually, discontinue taking the capsule.

## Conclusion

*ByeByeHIV* formula, a plant-based immunotherapy, represents a groundbreaking innovation that enables HIV-infected individuals to achieve undetectable HIV levels without antiretroviral drugs that come with severe side effects. The formula, a synergistic mixture of extracts from mangosteen, black sesame, soy, guava, and *Centella asiatica*, is approved by the Thai FDA as a dietary supplement under the name BIM V, LIV, Mylife, and NOVIR. It enhances immune function by stimulating Th1 and Th17 cells, boosting killer T cell activity, and repairing telomere damage caused by HIV and antiretroviral drugs. *ByeByeHIV* formula has shown impressive efficacy in restoring immune function, reducing

HIV levels and potentially eliminating HIV, thereby improving overall health.

In the article *ByeByeHIV with Thai Innovation*, published on February 25, 2024, we reported the success of using *ByeByeHIV* innovation to achieve *ByeByeHIV*, a condition of undetectable HIV with good health without the use of any antiretroviral drugs. The success was observed in two groups: the first group comprised 24 HIV-infected individuals who had never used antiretroviral drugs (Group A), and the second group included 26 individuals who were previously infected with HIV and had used antiretroviral drugs (Group B). As of December 2024 the number of successful *ByeByeHIV* cases in Group A increased to 40 individuals and Group B to 40 individuals. The results reported in this article showed that all 40 HIV-infected volunteers in Group B, who were under antiretroviral treatment, achieved *ByeByeHIV*, a condition of undetectable HIV with good health, after using *ByeByeHIV* formula while also using antiretroviral drugs. After achieving *ByeByeHIV*, they gradually reduced antiretroviral treatment until completely stopping it. Furthermore, 15 volunteers in this group have also gradually reduced *ByeByeHIV* formula and discontinued *ByeByeHIV* formula for periods ranging from 3 months to over 2 years and remain in good health. This suggests that these 15 volunteers may have become HIV-free. Two representative cases, Ms View and Ms A, who were diagnosed with HIV started using *ByeByeHIV* formula, achieved undetectable HIV, and thereafter gradually reduced antiretroviral treatment until completely stopping it. They then gradually reduced *ByeByeHIV* formula until they completely discontinued it in August 2024 and still maintained undetectable HIV with good health.

The results, therefore, underscore the effectiveness of *ByeByeHIV* formula as a therapy for individuals who want to discontinue the use of antiretroviral drugs, offering hope to individuals seeking effective, sustainable solutions without the harsh side effects of antiretroviral drugs. This progress marks a significant milestone in the global fight to eradicate HIV/AIDS.

## Reference

1. Wiriyaichitra P, Wiriyaichitra S, Wonghiranyingyot S, et al. *ByeByeHIV with Thai Innovation*. Clin Immunol Res. 2024; 8: 1-7.